

SOUPS

FRENCH ONION SOUP 10
BEEF STEW SOUP 10
SOUP OF THE DAY 9

APPETIZER

BLUE POINT OYSTERS \$2.5/EACH
min 6 order/

MOULES FRITES 14
pei Mussels n garlic white wine sauce

BURRATOSA 13
parmesan cheese, walnuts, EVOO, basil pesto

TRIO TARTARE 16
Tuna tartare, salmon tartare, guacamole

ARTICHOKE KALE DIP 10
cream cheese, salt & pepper

MEDITERRANEAN CALAMARI 10
capers, oregano, pan seared in tomato sauce, served with
garlic bread

BURRATA & PROSCIUTTO 15

SALADS

add chicken 5, shrimp 7, salmon 9

PEAR & ARUGULA 12
caramelized walnuts, shaved parmesan & lemon dressing

CEASAR SALAD 9
romaine heart, croutons, shaved parmesan

CHICKEN SALAD 15
grilled chicken, avocado, cherry tomatoes, spinach, lemon
dressing

SHRIMP SALAD 16
romaine heart, avocado, cherry & heirloom tomatoes, feta
cheese & balsamic dressing

PASTA

add chicken 5, shrimp 7, salmon 9

Gluten free pasta \$2

CACIO E PEPE 14
Pecorino, spaghetti

PENNE ARRABBIATA 13
spicy marinara sauce, black pepper, basil, EVOO

FARFALLE SMOKED SALMON 15
canadian salmon, creamy sauce, cherry tomato, black
pepper, garlic

FETTUCINE MEATBALL 15
ground beef, marinara, basil, EVO

PENNE WITH VEGETABLES 13
mixed market vegetables, cherry tomatoes, white wine sauce

ENTREES

PORTOBELLO & CHICKEN 16
truffle oil, served with bake potato

STEAK & FRITE 29
red New York Strip served with sauteed broccoli in a red
wine reduction sauce

ATLANTIC SALMON 22
pan seared served with sautéed broccoli, white wine &
saffron sauce

MEDITERRANEAN BRANZINO 27
whole fish fillet sautéed spinach and garlic, caramelized
onion, walnuts, with a hint of balsamic reduction

CHICKEN MILANESE 19
Breaded chicken breast served with arugula,
caramelized carrots, string beans

VEGGIE BURGER 16
chickpeas, beets, beans, avocado, arugula, chipotle aioli
choice of salad or FF

BELO BURGER 15
brioche bun, LTO, cheese
choice of salad or FF

SIDES

6 ROASTED POTATOES
7 SAUTÉED BROCCOLI
5 FRENCH FRIES
7 SAUTÉED SPINACH
7 SAUTÉED KALE

DESSERT

9 TIRAMISU
10 CHOCOLATE LAVA CAKE
9 CHOLOATE MOUSSE
9 GELTATO & SORBET
ask for our daily flavors

COURTESY OF CHEF BENEDETTA